



# FAMÍLIA NA TRILHA

ADVENTURE TOUR OPERATOR

## Unique experiences in nature.

We are a company based in Florianópolis and specialized in hiking trails. The focus of our activities is on participant safety, respect for the environment and appreciating the history and culture of the places visited. In this material we present the itineraries we have mapped out, on which we have already operated. If there is a demand for a trail that is not listed, we can map it and include it in this portfolio.

## Included in the activities:

- Individual insurance;
- Tour guides certified by the Brazilian Tourism Department;
- Guides certified in Wilderness Advanced First Aids by Wilderness Medical Associates;
- Guides licensed by Serra do Tabuleiro and Serra Furada States Parks;
- Activities in English, Portuguese and Spanish;
- Loan of leggings (protection against accidents with venomous animals);
- Photos during the activity;
- Trails with a Safety Management System based on ISO 21101 and classified according to ISO 3021..

If necessary, we can add transport and catering services through partners.

## Important information for participants:

**Mandatory items:** Hiking boots or sneakers. Insect repellent and sunscreen. Water and a snacks. Bags to take out the garbage. All belongings must be packed in a backpack.

**Suggested items:** Cap or hat. Food and water in reusable containers, bathing suit (when appropriate).

**Prohibited items:** Pets; Loudspeakers; Knives, axes and weapons; Cigarettes, drugs and alcoholic beverages.



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# FAMÍLIA NA TRILHA

ADVENTURE TOUR OPERATOR

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**1**

## **SOUTH OF THE ISLAND**

Trails through Campeche, Armação, Pântano do Sul, among others.



**2**

## **NORTH OF THE ISLAND**

Trails through Ingleses, Santinho, Praia do Forte, Praia Brava, among others.



**3**

## **FLORIPA'S CENTER**

Center, Córrego Grande, among others.



**4**

## **EAST OF THE ISLAND**

Lagoa da Conceição, Joaquina, Barra da Lagoa, among others.



**5**

## **GREATER FLORIANOPOLIS**

São José, Palhoça, Santo Amaro da Imperatriz, Governador Celso Ramos, among others.



**6**

## **SOUTH AND MOUNTAINS OF SANTA CATARINA**

Morro Grande, Alfredo Wagner, Orleans, among others.



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# LAGOINHA DO LESTE



O MORRO DA COROA E A GEOLOGIA INCRÍVEL DA REGIÃO.

## EAST LITTLE LAGOON





THE CROWN HILL AND THE INCREDIBLE GEOLOGY OF THE REGION.

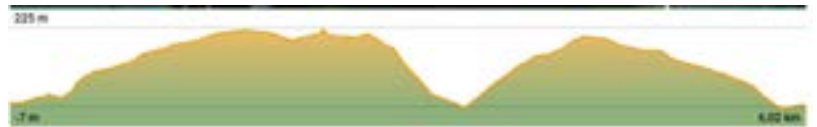
**Trail head:** Corner between Rua Manoel Pedro Oliveira with SC 406 - Pântano do Sul - Florianópolis.

**Trail end:** The same

### Hike Classification:

<b>Unevenness:</b>	Ascents 410 m	Descents 410 m
<b>Total distance</b>	5,6 km	
<b>Estimated total time</b>	5:30 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
2 Moderate severity	3 Requires identification of geographical features and cardinal points	3 Hiking on steep trails or uneven terrain	3 Significant effort
Grades range from 1 to 5.			



Lagoinha do Leste is a beach located in the south of the island of Santa Catarina and accessed only by trail or boat.

On its southern shore is Morro da Coroa (Crown Hill), one of the most popular trails in Florianópolis. Its peculiar rock formations, combined with the view of the paradisiacal Lagoinha do Leste beach and the lagoon that gives the beach's name, provide a stunning scenery.

Out-and-back trail with 5,6 km that starts at Pântano do Sul beach.



# LAGOINHA DO LESTE

TRAVESSIA DA ARMAÇÃO AO PÂNTANO DO SUL



## EAST LITTLE LAGOON





TRAVERSE TRAIL BETWEEN ARMAÇÃO AND PÂNTANO DO SUL BEACHES

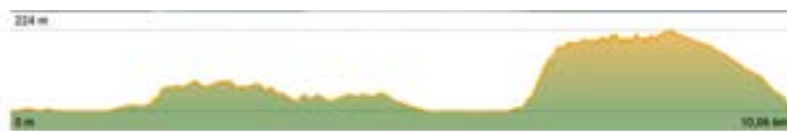
**Trail head:** Corner between Rua Fernando Beck and Rua Luiz Gonzaga dos Santos - Praia da Armação - Florianópolis.

**Trail end:** Rua Manoel Pedro Oliveira - Pântano do Sul - Florianópolis.

### Hike classification:

<b>Unevenness:</b>	Ascents 440 m	Descents 428 m
<b>Total distance</b>	10 km	
<b>Estimated total time</b>	6:30 hours	

 <b>Severity of the environment</b>	 <b>Navigation guidance on the route</b>	 <b>Ground conditions</b>	 <b>Physical effort</b>
3 Severe	3 Requires the identification of geographical features and cardinal points	3 Hiking on steep trails or uneven terrain	3 Significant effort
Grades range from 1 to 5.			



The most challenging access to Lagoinha do Leste, this traverse starts from Armação Beach, passes through Matadeiro Beach until it reaches Lagoinha do Leste.

After walking along the beach, the challenging climb up to Crown Hill, on the south shore of the beach, takes you to one of the most spectacular views on the island.

Its peculiar rock formations, combined with the view of the paradisiacal Lagoinha do Leste beach and the lagoon that gives the beach's name, provide a stunning scenery.

The walk ends at Pântano do Sul Beach.



# CAMINHO DOS NAUFRAGADOS

NAUFRÁGIOS, FORTALEZAS E CANHÕES.

## CASTAWAYS TRAIL

SHIPWRECKS, FORTRESSES AND CANNONS.







**Trail head:** Rodovia Baldicero Filomeno, 503 - Caieira da Barra do Sul - Florianópolis.

**Trail end:** The same

### Hike classification:

<b>Unevenness:</b>	Ascents 263 m	Descents 263 m
<b>Total distance</b>	6.7 km	
<b>Estimated total time</b>	5:30 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
1 Low severity	2 Path or signpost indicating continuity	2 Unobstructed trail	2 Moderate effort
Grades range from 1 to 5.			



The southernmost beach on the island of Santa Catarina, Naufragados can only be reached by foot or boat. The out-and-back trail have 6.7 km, passing Naufragados Beach and the cannons of Marechal Moura Fortress.

There, you can see the fortress on Araçatuba Island and the southern bay entrance, the site of numerous shipwrecks that have marked the history of the region and which gave this beach its name. There, you can also see the beaches of the city of Palhoça, on the other side of the South Bay.

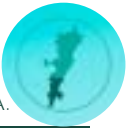
This trail passes through part of the Serra do Tabuleiro State Park.





# CAMINHO GUARANI

A IMPORTÂNCIA DA ÁGUA, DAS PLANTAS E DOS ANIMAIS DA RESTINGA.



## GUARANI TRAIL





THE IMPORTANCE OF WATER, PLANTS AND ANIMALS IN THE SANDBANKS

**Trail head:** Rodovia Francisco Thomaz dos Santos, 3150 - Lagoa do Peri Park Headquarters - Florianópolis.

**Trail end:** The same

### Hike classification:

<b>Unevenness:</b>	Ascents 14 m	Descents 14 m
<b>Total distance</b>	3.5 km	
<b>Estimated total time</b>	2:30 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
1 Low severity	2 Path or signpost indicating continuity	1 Walking on flat surfaces	2 Moderate effort
Grades range from 1 to 5.			

33 m



This trail runs entirely through the Lagoa do Peri Conservation Unit, in the south of the island, in a loop trail with a total of 3.5 km.

The hike takes you through an area of sandbanks, with beautiful and abundant vegetation. It passes the place where the water that supplies the south of the island is collected. And, at a more secluded point in the lake, we stop for a swim.

You can also visit the Otter Project, where you can watch the animals feeding, which is also the time of day when they are most active. The children love it.



# SAQUINHO DA LAGOA DO PERI

A CAÇA ÀS BALEIAS E AS RUÍNAS DOS ANTIGOS ENGENHOS



## COVE OF PERI LAKE





WHALING AND THE RUINS OF THE OLD MILLS.

**Trail head:** Road Francisco Thomaz dos Santos, 3150 - Sede da Lagoa do Peri - Florianópolis.

**Trail end:** The same

### Hike classification:

<b>Unevenness:</b>	Ascents 67 m	Descents 67 m
<b>Total distance</b>	5.2 km	
<b>Estimated total time</b>	3:30 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
1 Low severity	2 Path or signpost indicating continuity	2 Unobstructed trail	2 Moderate effort
Grades range from 1 to 5.			



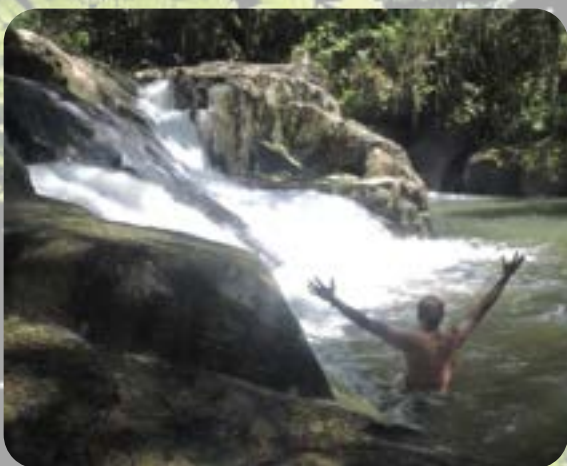
This out-and-back trail runs entirely through the Lagoa do Peri Conservation Unit, in the south of the island, for a total of 5.2 km, starting from the headquarters.

During the hike, you can see the ruins of old mills that once stood in the region, as well as a large area covered by the Atlantic Forest.

At the cove of Lagoa do Peri, Generosa Beach, you can take a refreshing swim, sit back and enjoy.

A wonderful trail with exuberant nature.





# CAMINHO DA GURITA

E A EXUBERÂNCIA DA MATA ATLÂNTICA



## GURITA TRAIL





EXUBERANCE OF THE ATLANTIC FOREST

**Trail head:** End of Rua Euclides João Alvez - Armação Florianópolis..

**Trail end:** The same

### Hike classification:

<b>Unevenness:</b>	Ascents 139 m	Descents 139 m
<b>Total distance</b>	5.8 km	
<b>Estimated total time</b>	4:30 hours	

 <b>Severity of the environment</b>	 <b>Navigation guidance on the route</b>	 <b>Ground conditions</b>	 <b>Physical effort</b>
2 Moderate severity	2 Path or signpost indicating continuity	3 Hiking on steep trails or uneven terrain	2 Moderate effort
Grades range from 1 to 5.			

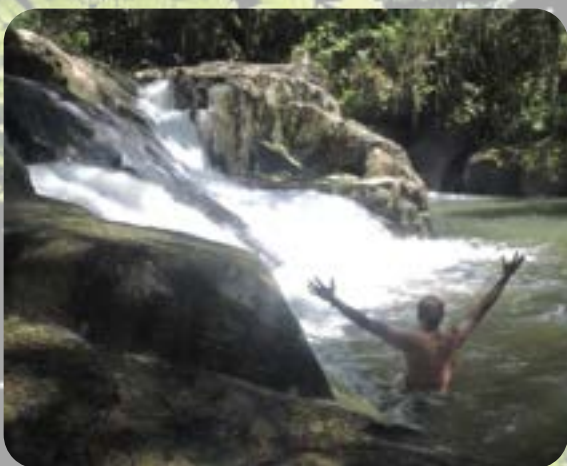


The trail leads to the Gurita Waterfall, which flows into the Peri Lake. The entire trail is located in the Lagoa do Peri Conservation Unit, in the south of the island. A out-and-back with almost 6 km.

The hikes goes along the shore of the lagoon, through an area with extensive forest cover. There are some obstacles to overcome, such as rocks, roots and small streams.

Arriving at the waterfall is always an enchantment and an invitation to take a dip.





# SERTÃO DO RIBEIRÃO À CACHOEIRA GURITA



OS ENCANTOS DA LAGOA DO PERI E A RIQUEZA CULTURAL DO SERTÃO

## RIBEIRÃO HINTERLAND TO GURITA WATERFALL





THE CHARMS OF LAGOA DO PERI AND THE CULTURAL RICHNESS OF THE SERTÃO

**Trail head:** Estrada Francisco Thomaz dos Santos - Sertão do Ribeirão.

**Trail end:** The same

### Hike classification:

<b>Unevenness:</b>	Ascents 195 m	Descents 195 m
<b>Total distance</b>	4.3 km	
<b>Estimated total time</b>	3:30 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
1 Low severity	2 Path or signpost indicating continuity	2 Unobstructed trail	2 Moderate effort
Grades range from 1 to 5.			



Trail from Sertão do Ribeirão to Gurita Waterfall: A dive into the culture and nature of the island.

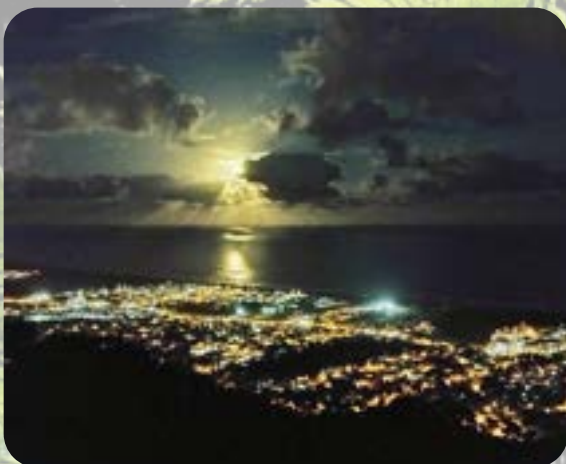
Explore the heart of Santa Catarina Island on a route that combines history, culture and stunning natural landscapes. The trail through Sertão do Ribeirão takes us to Gurita Waerfall, through preserved Atlantic Forest, where you can observe the local flora and fauna amidst a traditional community that still retains living traces of Azorean culture.

# MORRO DO LAMPIÃO

O SUL DA ILHA, A PLANÍCIE CAMPECHE E A PISTA DE POUSO.

## LAMPIÃO HILL

THE SOUTH OF THE ISLAND, THE CAMPECHE PLAIN AND THE AIRSTRIP.







**Trail head:** End of Servidão Gansos do Mato Dentro, Campeche.

**Trail end:** The same

### Hike classification:

<b>Unevenness:</b>	Ascents 176 m	Descents 176 m
<b>Total distance</b>	2,5 km	
<b>Estimated total time</b>	3:00 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
2 Moderate severity	2 Path or signpost indicating continuity	2 Unobstructed trail	2 Moderate effort
Grades range from 1 to 5.			



Located on Campeche Beach, Morro do Lampião is so named because it used to be lit with lanterns to signpost the nearby airfield, which was used by the French airmail company and the pilot Saint-Exupéry, among others.

Positioned facing the sea and Campeche Island, the beautiful view is even more special at sunrise or moonrise.





# SANTIAGO DE COMPOSTELA

O CAMINHO BRASILEIRO

SAINT JAMES OF COMPOSTELA

BRAZILIAN WAY







**Trail head:** Rua Madre Maria Villac, 1700 - Canasvieiras Church - Florianópolis.

**Trail end:** Rua Intendente João Nunes Vieira, 1529 - Ingleses Church - Florianópolis.

**Hike classification:**

<b>Unevenness:</b>	Ascents 344 m	Descents 342 m
<b>Total distance</b>	22 km	
<b>Estimated total time</b>	10 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
2 Moderate severity	2 Path or signpost indicating continuity	3 Hiking on steep trails or uneven terrain	4 Intense effort
Grades range from 1 to 5.			



The Brazilian Way of Saint James of Compostela is recognized by the Cathedral of Santiago de Compostela in Spain as part of the historic route.

Pilgrims who walk here can use the coveted pilgrim's certificate as part of the mileage required to obtain the Compostela. It also serves as preparation for those who wish to walk the route back in Europe.

In Florianópolis, the route passes 4 churches, 2 trails, 6 beaches and some urban sections.

It's a great opportunity for self-connection while experiencing the stunning nature of the Island.



# MORRO DO RAPA



O EXTREMO NORTE DA ILHA DA MAGIA E A PRAIA DO INFERNO

## RAPA HILL





THE NORTHERN TIP OF MAGIC ISLAND AND THE HELL'S BEACH

**Trail head:** Avenida Jornalista Jaime de Arruda Ramos, 640  
- Brava Beach Belvedere - Florianópolis.

**Trail end:** the same.

### Hike classification:

<b>Unevenness:</b>	Ascents 208 m	Descents 208 m
<b>Total distance</b>	5.4 km	
<b>Estimated total time</b>	4 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
1 Low severity	2 Path or signpost indicating continuity	2 Unobstructed trail	2 Moderate effort
Grades range from 1 to 5.			



The Rapa trail is located in the north of the island. It's a out-and-back trail with 5.4 km.

The trail offers beautiful natural belvederes where is possible to see many beaches.

At its end, a beautiful rock portal faces the northernmost point of Florianópolis.

It is a great option for enjoying moments of tranquillity and natural beauty.

The Rapa trail is part of the Brazilian Way of Saint James of Compostela that we talk above.





# CAMINHO DA SANTA CRUZ

O TRIÂNGULO DE DEFESA E A INVASÃO ESPANHOLA



## HOLY CROSS TRAIL





THE DEFENSE TRIANGLE AND THE SPANISH INVASION

**Trail head:** Seafront - Praia do Forte - Florianópolis.

**Trail end:** the same.

**Hike classification:**

<b>Unevenness:</b>	Ascents 114 m	Descents 114 m
<b>Total distance</b>	3,9 km	
<b>Estimated total time</b>	3:30 hours (trail)	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
2 Moderate severity	2 Path or signpost indicating continuity	2 Unobstructed trail	2 Moderate effort
Grades range from 1 to 5.			



This hike takes place between Daniela and Fortress Beaches, in the north of the island, on a loop hike which It starts at the beach, going from Fortress to Daniela, and returns via the top of Fortress Hill.

Along the trail, in addition to the beaches, we pass the Fortress of São José da Ponta Grossa, whose construction began in 1740, the cross that gives the trail its name and beautiful natural belvederes with views of Jurerê Beach, Daniela, Anhatomirim and Ratonés Islands and the entrance to the North Bay.

# TRILHA DA PEDRA DA PORCA

E O MISTÉRIO DO SANTINHO DESAPARECIDO

## TRAIL OF THE STONE OF THE SOW

AND THE MYSTERY OF THE MISSING SAINT

**Trail head:** End of Servidão João Francisco Celestino -  
Ingleses Beach - Florianópolis.

**Trail end:** the same.

### Hike classification:

<b>Unevenness:</b>	Ascents 158 m	Descents 158 m
<b>Total distance</b>	3,9 km	
<b>Estimated total time</b>	4 hours	



**Severity of the environment**

<sup>2</sup>  
Moderate severity



**Navigation guidance on the route**

<sup>2</sup>  
Path or signpost indicating continuity



**Ground conditions**

<sup>2</sup>  
Unobstructed trail



**Physical effort**

<sup>2</sup>  
Moderate effort

Grades range from 1 to 5.



This trail is located on Ingleses Hill, in the southern corner of Ingleses Beach. It's a loop hike with a total of 3.9 km and has several attractions, the route being entirely through the Lagoa do Jacaré Natural Park (Alligator Pond Natural Park).

Along the way, we pass the rock that gives the trail its name and the natural belvedere at the top of the hill, from where you can admire the beaches of Ingleses and Santinho from the same point. We also passed an immense collection of rock inscriptions and lithic workshops in the region, estimated to be around 5,000 years old.

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# MORRO DAS ARANHAS

AS INSCRIÇÕES RUPESTRES E OS PRIMEIROS MORADORES DA ILHA



## SPIDERS HILL





ROCK INSCRIPTIONS AND THE ISLAND'S FIRST INHABITANTS

**Trail head:** End of Rua Raul Pereira Caldas - Santinho Beach deck - Florianópolis.

**Trail end:** the same.

### Hike classification:

<b>Unevenness:</b>	Ascents 273 m	Descents 273 m
<b>Total distance</b>	6,2 km	
<b>Estimated total time</b>	4:30 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
2 Moderate severity	2 Path or signpost indicating continuity	3 Hiking on steep trails or uneven terrain	2 Moderate effort
Grades range from 1 to 5.			



The area between Santinho and Ingleses Beaches is home to an immense collection of records of people who lived on the island around 5,000 years ago.

At Spiders Hill it is possible to hike to the top, returning the same way, for a total of 3,6 km, or to go down another trail, from where you can admire the beautiful scenery of Moçambique Beach and end the hike behind the hill, passing through Stone of Wasp and Laundresses' Pond. This route takes you 6.2 km.



# TRILHA DO CASTELINHO

DA LAGOA DA CONCEIÇÃO



**TRAIL OF LITTLE CASTLE**  
CONCEIÇÃO LAGOON

**Trail head:** Servidão Manoel Amaro Nunes Pinheiro, Ratones - Florianópolis.

**Trail end:** the same.

## Hike classification:

<b>Unevenness:</b>	Ascents 261 m	Descents 261 m
<b>Total distance</b>	5.4 km	
<b>Estimated total time</b>	4 hours	



**Severity of the environment**

<sup>1</sup>  
Low severity



**Navigation guidance on the route**

<sup>2</sup>  
Path or signpost indicating continuity



**Ground conditions**

<sup>2</sup>  
Unobstructed trail



**Physical effort**

<sup>3</sup>  
Significant effort

Grades range from 1 to 5.



The Lagoa da Conceição Castle Trail connects the Ratones neighbourhood to Saquinho beach in Conceição's Lagoon, an isolated beach at the northern of the lagoon that can only be accessed by boat or hiking.

The name of the trail comes from the existence of a peculiar English-style castle, a private property that stands out amidst the beautiful nature of the region.

Between the outward and return journeys, the walk is 5.4 kilometres, overcoming the hill that surrounds the western shore of the lagoon, in the middle of the Atlantic Forest, passing crystal-clear water courses.







# TRILHA DO POÇÃO

A CACHOEIRA ESCONDIDA EM MEIO A CIDADE



## PIT TRAIL





THE WATERFALL HIDDEN IN THE MIDDLE OF THE CITY

**Trail head:** Rua Sebastião Laurentino da Silva, 789 - Córrego Grande - Florianópolis.

**Trail end:** the same.

### Hike classification:

<b>Unevenness:</b>	Ascents 62 m	Descents 62 m
<b>Total distance</b>	2 km	
<b>Estimated total time</b>	3 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
1 Low severity	2 Path or signpost indicating continuity	2 Unobstructed trail	1 Little effort
Grades range from 1 to 5.			



The Poção Waterfall is located in the centre of Florianópolis, in a conservation area, the Maciço da Costeira Natural Park.

In the past, it was used for the city's water supply, and you can still see pipework along the way.

The trail that leads to it is beautiful and follows the river for a walk of just 1 kilometre.

The approximately 8 metre high waterfall has an area for swim, forming a pool of up to 3 metres and also offers places where you can sit and contemplate.





# MORRO DA CRUZ

BANHO DE FLORESTA NO CENTRO DE FLORIPA



## CROSS HILL





FOREST BATHING IN THE CENTER OF FLORIPA

**Trail head:** Avenida do Antão, 906, Centro.

**Trail end:** the same.

### Hike classification:

<b>Unevenness:</b>	Ascents 48 m	Descents 48 m
<b>Total distance</b>	1,2 km	
<b>Estimated total time</b>	2 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
1 Low severity	1 Well-defined or signposted paths and junctions	2 Unobstructed trail	1 Little effort
Grades range from 1 to 5.			



The Morro da Cruz Municipal Natural Park is a conservation area located in the centre of Florianópolis. It is the green area that welcomes those arriving on the island via the bridges.

It has a good infrastructure: car park, surveillance, toilets and a wide range of short but beautiful trails.

An invitation to take a dip in the forest, an activity that promotes well-being through full contact with nature. To round off the tour, visit the lookout point, from where you can see the north and south bays and the connections between the island and the mainland.





# HD FLORIPA

HISTÓRIA E DIVERSÃO EM FLORIPA



**HD FLORIPA**

HISTORY AND FUN IN FLORIPA

**Start:** Café do Largo da Alfândega.

**End:** Mercado Público

<b>Unevenness:</b>	Ascents 18 m	Descents 18 m
<b>Total distance</b>	2 km	
<b>Estimated total time</b>	2 hours	

HD Floripa is an urban experience that aims to offer children a tour of the Historic Centre, entirely designed for them.

Organised in the form of a treasure hunt, with a map, stickers, Manemón cards and challenges to complete, families have fun while getting to know important details of the city's history.

At the end, a treasure trove full of local products with important significance for the island.







**BLOWING HILL**





THE NATURAL BELVEDERE OF THE LITTLE FOREST AND THE SECULAR PATH

**Trail head:** End of Estrada do Sertão do Assopro - Altos do Morro da Lagoa da Conceição - Florianópolis.

**Trail end:** the same.

**Hike classification:**

<b>Unevenness:</b>	Ascents 220 m	Descents 220 m
<b>Total distance</b>	5,1 km	
<b>Estimated total time</b>	5 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
1 Low severity	2 Path or signpost indicating continuity	2 Unobstructed trail	2 Moderate effort
Grades range from 1 to 5.			



An entire trail through the forest, along a wide and well marked path, that's how we define this beautiful route through Assopro Hill. It's just over 5 kilometres to the belvedere, which offers a wonderful view of the Conceição Lagoon, Moçambique and Barra da Lagoa beaches and the Rio Vermelho State Park.

We also delved into history during the walk, remembering that this was the old road that connected the Lagoa region to the north of the island.





# CAMINHO DA COSTA DA LAGOA

OS ENGENHOS DE FARINHA, A CASA DA DONA LOQUINHA  
E OS GARAPUVUS

## LAGOON COAST PATH

THE FLOUR MILLS, MS.LOQUINHA'S HOUSE AND THE GARAPUVUS TREES







**Trail head:** Rua João Henrique Gonçalves, 139 - Lagoa da Conceição - Florianópolis.

**Trail end:** Centrinho da Costa da Lagoa

### Hike classification:

<b>Unevenness:</b>	Ascents 112 m	Descents 112 m
<b>Total distance</b>	6 km	
<b>Estimated total time</b>	3:30 hours (trail)	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
1 Low severity	2 Path or signpost indicating continuity	2 Unobstructed trail	2 Moderate effort
Grades range from 1 to 5.			



Located in Lagoa da Conceição, this traverse hike connects the Canto dos Araçás region to the Costa da Lagoa, and we walk 6 kilometres one way. The trail ends at a restaurant on the Costa da Lagoa, where you can enjoy the local cuisine and return to the start by boat.

As well as the beauty of the route, along the way you get to know the history of the region, passing old houses and a manioc mill. Depending on the time of year, you can also admire the blossom of the garapuvus, Florianópolis' symbol tree.



# PRAIA DO GRAVATÁ

A PEDRA DA ONDA E A PESCA DA TAINHA



## GRAVATÁ BEACH

THE WAVE ROCK AND MULLET FISHING

**Trail head:** Avenida das Rendeiras, 2230 - Lagoa da Conceição - Florianópolis.

**Trail end:** the same.

### Hike classification:

<b>Unevenness:</b>	Ascents 204 m	Descents 204 m
<b>Total distance</b>	5 km	
<b>Estimated total time</b>	4 hours	



**Severity of the environment**

<sup>2</sup>  
Moderate severity



**Navigation guidance on the route**

<sup>2</sup>  
Path or signpost indicating continuity



**Ground conditions**

<sup>3</sup>  
Hiking on steep trails or uneven terrain



**Physical effort**

<sup>2</sup>  
Moderate effort

Grades range from 1 to 5.



A small beach with crystal-clear waters, Gravatá Beach is located on the east side of the island, between Lagoa da Conceição and Mole Beach and can only be reached by a out-and-back hike.

It's a region surrounded by beauty, with several natural belvederes from where you can admire the whole environment: Oração Hill, Conceição Lagoon, Mole and Galheta Beaches.

Because of its location, it is also used by fishermen to watch the shoals, which is why the trail is called the Fishermen's Path.

At Gravatá Promontory, you can see a curious wave-shaped rock formation.





# DÓLMEN DA ORAÇÃO

E OS MISTÉRIOS DOS ALINHAMENTOS ENTRE ROCHAS  
E CORPOS CELESTES



## DOLMEN OF PRAYER

AND THE MYSTERIES OF THE ALIGNMENTS BETWEEN ROCKS AND CELESTIAL BODIES

**Trail head:** Servidão Júlia Alexandre Florindo, 466 -  
Fortaleza da Barra - Florianópolis.

**Trail end:** the same.

### Hike classification:

<b>Unevenness:</b>	Ascents 152 m	Descents 152 m
<b>Total distance</b>	2 km	
<b>Estimated total time</b>	3 hours	



**Severity of the environment**

<sup>1</sup>  
Low severity



**Navigation guidance on the route**

<sup>2</sup>  
Path or signpost indicating continuity



**Ground conditions**

<sup>2</sup>  
Unobstructed trail



**Physical effort**

<sup>2</sup>  
Moderate effort

Grades range from 1 to 5.



The trail starts at the Barra Fortress, with a total walk of around 2 kilometres through the Atlantic Forest in regeneration.

At the top, in addition to the incredible view of the Galheta, Mole and Gravatá beaches and the Conceição Lagoon, several groups of rocks give the place a marvellous energy.

According to studies, these rocks are aligned with the rising or setting of the sun at certain times of the year, such as the solstices and equinoxes. It's a place to sit and enjoy the energy, even more special on a full moon night.



# BOA VISTA - DÓLMEN

TRAVESSIA DA BARRA DA LAGOA A FORTALEZA DA BARRA



## GOOD SIGHT - DOLMEN

TRAVERSE FROM BARRA DA LAGOA TO FORTALEZA DA BARRA





**Trail head:** Rua Amaro Coelho, 22 - Barra da Lagoa - Florianópolis.

**Trail end:** Rua Laurindo José de Souza, 188 - Fortaleza da Barra - Florianópolis

### Hike classification:

<b>Unevenness:</b>	Ascents 224 m	Descents 193 m
<b>Total distance</b>	3,8 km	
<b>Estimated total time</b>	4 hours	



 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
2 Moderate severity	2 Path or signpost indicating continuity	3 Hiking on steep trails or uneven terrain	2 Moderate effort
Grades range from 1 to 5.			



For this trail we start at the pedestrian bridge on the Mouth of Conceição Lagoon and arrive at the Barra Fortress.

During the walk, we pass beautiful natural belvederes, through stretches of Atlantic Forest in regeneration.

At the top, in addition to the incredible view of the Galheta, Mole and Gravatá beaches and the Conceição Lagoon, several groups of rocks give the place a marvellous energy, in the Dólmen da Oração.

According to studies, these rocks are aligned with the rising or setting of the sun at certain times of the year, such as the solstices and equinoxes.





# PRAIA SECRETA

O PARAÍSO ESCONDIDO NO LESTE DA ILHA



## SECRET BEACH





A HIDDEN PARADISE IN THE EAST OF THE ISLAND

**Trail head:** Servidão Mata Atlântica - Praia da Joaquina - Florianópolis.

**Trail end:** the same.

### Hike classification:

<b>Unevenness:</b>	Ascents 143 m	Descents 143 m
<b>Total distance</b>	2 km	
<b>Estimated total time</b>	3 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
1 Low severity	2 Path or signpost indicating continuity	3 Hiking on steep trails or uneven terrain	2 Moderate effort
Grades range from 1 to 5.			



Secret Beach, the better known name for Praia do Janguinha, is a small beach located between the beaches of Joaquina and Gravatá.

It is formed by a group of rocks of varying sizes, which make an enchanting sight. At rare moments, the tide allows you to see the sand of the beach.

The walk to reach it is uphill and downhill, but it is short.

We can assure you that it's worth every step, because it's a very special corner of the island.

# MORRO DA PEDRA BRANCA

O CAMINHO DOS TROPEIROS E A ILHA DE  
PONTA A PONTA

## WHITE STONE HILL

THE MULETEER'S ROUTE AND THE ISLAND FROM END TO END

**Trail head:** Acesso Camilo Francisco da Silva, 1179 - Sertão do Maruim - São José.

**Trail end:** the same.

### Hike classification:

<b>Unevenness:</b>	Ascents 487 m	Descents 487 m
<b>Total distance</b>	6 km	
<b>Estimated total time</b>	5 hours	



**Severity of the environment**

<sup>2</sup>  
Moderate severity



**Navigation guidance on the route**

<sup>2</sup>  
Path or signpost indicating continuity



**Ground conditions**

<sup>3</sup>  
Hiking on steep trails or uneven terrain



**Physical effort**

<sup>3</sup>  
Significant effort

Grades range from 1 to 5.



Pedra Branca is an immense granite wall located on the border between the municipalities of São José and Palhoça.

From the top of its 500 metres, you can admire the entire island of Santa Catarina, from north to south. In all, we travelled 6 km.

Long recognised as a reference point, as it can be seen from various points in the region, Pedra Branca is a trail that offers wonderful views.





# CACHOEIRA DO JARRÃO

AS ÁGUAS DO PARQUE DO TABULEIRO

## JARRÃO WATERFALL

THE WATERS OF TABULEIRO PARK







**Trail head:** BR 101 km 230,5 - Cambirela gas station parking lot - Praia de Fora - Palhoça.

**Trail end:** the same.

### Hike classification:

<b>Unevenness:</b>	Ascents 154 m	Descents 154 m
<b>Total distance</b>	3,8 km	
<b>Estimated total time</b>	4 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
2 Moderate severity	2 Path or signpost indicating continuity	3 Hiking on steep trails or uneven terrain	2 Moderate effort
Grades range from 1 to 5.			



The Serra do Tabuleiro State Park covers an immense area, as much as 1% of the state's land area. The Jarrão Waterfall is one of the many waterfalls in this area and to reach it we take a beautiful hike through the exuberance of the Atlantic Forest.

At the foot of the Cambirela river, we climb along the riverbank until we reach the waterfall. Along the way there are several places where you can take a dip.

At the final point, at the waterfall, we find not only a bathing area but also a large window in the forest from where we can admire the view at the island of Santa Catarina.



# CACHOEIRA DO MACIAMBU

AS ÁGUAS DO PARQUE DO TABULEIRO





## MACIAMBU WATERFALL

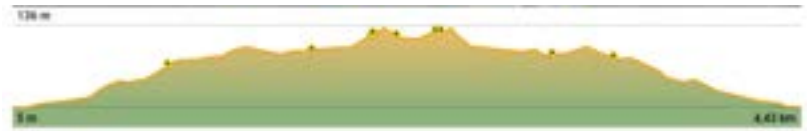
THE WATERS OF TABULEIRO PARK

**Trail head:** BR 101, Km 230 - São Cristóvão Gas Station - Enseada do Brito - Palhoça. Meeting point for vehicles to drive together to the start of the trail, 7 km away.

### Hike classification:

<b>Unevenness:</b>	Ascents 154 m	Descents 154 m
<b>Total distance</b>	4.5 km	
<b>Estimated total time</b>	4 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
2 Moderate severity	2 Path or signpost indicating continuity	2 Unobstructed trail	2 Moderate effort
Grades range from 1 to 5.			



To get to the Maciambu Waterfall we walk along a trail that runs alongside the river. Along the way there is a lot of natural beauty provided by the regenerating Atlantic Forest.

With a total walk of 4.5 kilometres we can access various bathing spots, culminating in a beautiful set of waterfalls that form the Maciambu River, which flows into the sea, just after Morro dos Cavalos.







# MORRO DO CAMBIRELA

A GRANDE MAMA, OS ACIDENTES AÉREOS E O VISUAL DA GRANDE FLORIPA.



## CAMBIRELA MOUNTAIN





THE BIG BREAST, PLANE CRASHES AND THE VIEW TO FLORIPA.

**Trail head:** Rua Jacobe Vilain Filho - In front of Thermo King - Palhoça.

**Trail end:** the same.

### Hike classification:

<b>Unevenness:</b>	Ascents 902 m	Descents 902 m
<b>Total distance</b>	7,8 km	
<b>Estimated total time</b>	10 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
3 Average severity	2 Path or signpost indicating continuity	4 Hiking with obstacle	4 Intense effort
Grades range from 1 to 5.			



Climbing Cambirela is a big challenge, but it's certainly the most desirable mountain in Greater Florianópolis.

Located in the municipality of Palhoça, to reach the top we face a 3.9 km hike, with an altitude gain of 880 metres, entirely within the Serra do Tabuleiro State Park.

From the top, the view is beautiful and you can see the whole region. And down here, from various points in the region, you can also admire this giant, which is why it has served as an important point of reference.

We do this activity during the mountain season, from April to September.

Família na  
TRILHA



# VALE DA UTOPIA

A LINDA TRAVESSIA ENTRE A PINHEIRA E A GUARDA DO EMBAÚ.

## UTOPIA VALLEY

THE BEAUTIFUL TRAVERSE BETWEEN PINHEIRA AND GUARDA DO EMBAÚ.







**Trail head:** Rua Candida Maria dos Santos, 30 - Guarda do Embaú - Palhoça.

**Trail end:** Rua Estácio Martins, Praia de Cima, Pinheira - Palhoça.

### Hike classification:

<b>Unevenness:</b>	Ascents 299 m	Descents 293 m
<b>Total distance</b>	6,3 km	
<b>Estimated total time</b>	4:30 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
1 Low severity	2 Path or signpost indicating continuity	2 Unobstructed trail	3 Significant effort
Grades range from 1 to 5.			



A beautiful walk through the Tabuleiro Park area.

We passed through beautiful landscapes and saw several islands, including the island of Santa Catarina, Florianópolis. The highlight is Praia do Maço, a beautiful lawn that stretches down to the sea.

Depending on the time of year, you can still enjoy the spectacle of the right whale.

Starting in Guarda do Embaú, we climb the Vulture Stone right at the beginning of the walk, from where we can see the mouth of the Madre River and Guarda Beach.





# CACHOEIRA DO RIO VERMELHO

SANTO AMARO DA IMPERATRIZ

## RED RIVER WATERFALL





SANTO AMARO DA IMPERATRIZ

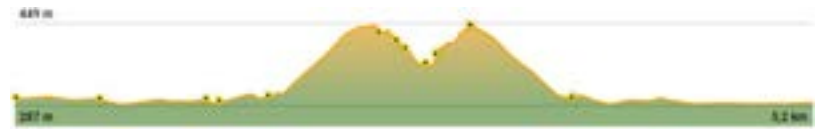


**Trail head:** Rua Vidal Procópio Lohn, 1205 - Santo Amaro da Imperatriz. Meeting point for vehicles to drive together to the start of the trail, 13 km away.

### Hike classification:

<b>Unevenness:</b>	Ascents 222 m	Descents 222 m
<b>Total distance</b>	5,2 km	
<b>Estimated total time</b>	4:30 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
2 Moderate severity	2 Path or signpost indicating continuity	3 Hiking on steep trails or uneven terrain	2 Moderate effort
Grades range from 1 to 5.			



One of the most beautiful waterfalls in Florianópolis Region, Vermelho Waterfall is a set of waterfalls surrounded by the exuberance of the Atlantic Forest.

The walk is 5.2 kilometres in total, passing through areas of pasture, forest and sloping terrain. Most of the route is through the Serra do Tabuleiro State Park area.

The trail starts in the community of Vargem do Braço, in the interior of Santo Amaro da Imperatriz, but for a better location, the meeting point is in the city centre.



# CACHOEIRA DO RETIRO

AS ÁGUAS DA SERRA DO TABULEIRO



## RETIRO WATERFALL

THE WATERS OF TABULEIRO PARK







**Trail head:** Servidão Ademar Rodrigues - Guarda do Cubatão, Palhoça - SC.

**Trail end:** the same

### Hike classification:

<b>Unevenness:</b>	Ascents 342 m	Descents 342 m
<b>Total distance</b>	8,9 km	
<b>Estimated total time</b>	6:30 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
2 Moderate severity	2 Path or signpost indicating continuity	3 Hiking on steep trails or uneven terrain	3 Significant effort
Grades range from 1 to 5.			



Retiro Waterfall, also known as Araças or Macumba Waterfall, is located at the foot of Cambirela Hill, right on the border between the municipalities of Palhoça and Santo Amaro da Imperatriz.

The walk, although long, doesn't present any major difficulties. The main ones are uphill.

When you reach the waterfall, you'll find not just one, but a series of waterfalls over different rock shapes. There are several areas for bathing and contemplation.





# MORRO DO PICO

OS ENCANTOS DA REGIÃO DE GANCHOS EM GOV CELSO RAMOS



## PICO HILL





THE CHARMS OF THE GANCHOS REGION IN GOV CELSO RAMOS

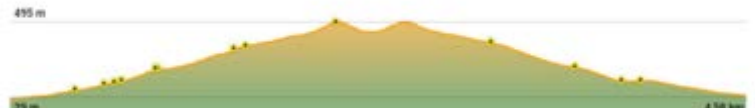
**Trail head:** Rodovia Municipal Francisco Wollinger, km 11, Canto dos Ganchos, Governador Celso Ramos.

**Trail end:** the same

### Hike classification:

<b>Unevenness:</b>	Ascents 507 m	Descents 507 m
<b>Total distance</b>	4.5 km	
<b>Estimated total time</b>	5 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
2 Moderate severity	1 Well-defined or signposted paths and junctions	3 Hiking on steep trails or uneven terrain	3 Significant effort
Grades range from 1 to 5.			



Accessed via Canto dos Ganchos, in Governador Celso Ramos, this trail leads to the top of Morro do Pico, a place that offers a breathtaking view of the region.

Although it's only a 2 km ascent, the altitude gain is around 500 metres, which requires an intense effort.

At the top, in addition to the view that stretches as far as the island of Santa Catarina, three rocks in a row give the place extra charm.



# CIRCUITO DAS CACHOEIRAS

PARQUE ESTADUAL DA SERRA FURADA - GRÃO-PARÁ E ORLEANS



## WATERFALLS CIRCUIT





SERRA FURADA STATE PARK - GRÃO-PARÁ AND ORLEANS

**Trail head:** Estrada Geral, SN - South headquarters Serra Furada State Park - Barracão - Orleans

**Trail end:** the same.

### Hike classification:

<b>Unevenness:</b>	Ascents 206 m	Descents 206 m
<b>Total distance</b>	5.4 km	
<b>Estimated total time</b>	4 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
2 Moderate severity	2 Path or signpost indicating continuity	4 Hiking with obstacle	2 Moderate effort
Grades range from 1 to 5.			



The Serra Furada State Park is located between the municipalities of Grão-Pará and Orleans, around 200 kilometres from Florianópolis, with beautiful landscapes on the slopes of the Serra Catarinense.

Among the park's hiking trails, the Circuito das Cachoeiras (Waterfalls Circuit) not only offers a beautiful dip in the exuberance of the Atlantic Forest, but also seven beautiful waterfalls. These are waterfalls of varying sizes, but all of them are accessible for bathing.





# CACHOEIRA DO BIZUNGO

MORRO GRANDE







## TRAIL OF THE STONE OF THE SOW AND THE MYSTERY OF THE MISSING SAINT

**Trail head:** In front of the church in the community of Nova Roma - Morro Grande. Meeting point for vehicles to continue together to the start of the trail, 7 km away.

### Hike classification:

<b>Unevenness:</b>	Ascents 220 m	Descents 220 m
<b>Total distance</b>	3,6 km	
<b>Estimated total time</b>	4 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
2 Moderately Severe	2 Trail or signs indicating continuity.	2 Unobstructed trail	2 Moderate effort
Grades range from 1 to 5.			



In the far south of Santa Catarina, the mountain slopes offer breathtaking scenery.

On this 3,8 kilometre trail we come to one of the region's most beautiful waterfalls, the Bizungo Waterfall;

A waterfall approximately one hundred metres high, it is accessed via a path through the spectacular beauty of the preserved Atlantic Forest.

On the rocky wall from which the water falls, you can see the geological development of the planet through the markings on the rocks.





# TRILHA DO PUMA

DO LITORAL A SERRA CATARINENSE

## PUMA TRAIL

FROM THE COAST TO THE SANTA CATARINA MOUNTAINS







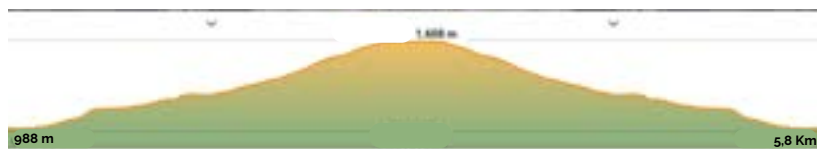
**Trail head:** Reserva Araponga, Santa Rosa de Lima

**Trail end:** the same

**Hike classification:**

<b>Unevenness:</b>	Ascents 620 m	Descents 620 m
<b>Total distance</b>	5,8 km	
<b>Estimated total time</b>	7 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
4 High severity	4 Requires off-course navigation skills	4 Hiking with obstacle	4 Intense effort
Grades range from 1 to 5.			



The Araponga Reserve is located in the municipality of Santa Rosa de Lima, in the south of Santa Catarina and at the foot of the Serra Geral.

It is a private reserve and aims to conserve the immense natural heritage of its area, preserving its beauty and historical environments.

It's a place that seems to transport its visitors back in time, given the beauty of the mountain slopes.

The Puma Trail leads to the municipality of Urubici, in the region of the Espraiado Canyon. At the top there are options for food and accommodation. It is possible to split the ascent and descent into two days and enjoy the beauty of the mountain as well.





# SOLDADOS DE SEBOLD

ALFREDO WAGNER

## SEBOLD SOLDIERS

ALFREDO WAGNER







**Trail head:** Soldados de Sebold Parkin Lot - Alfredo Wagner.

**Trail end:** the same.

### Hike classification:

<b>Unevenness:</b>	Ascents 475 m	Descents 475 m
<b>Total distance</b>	15 km	
<b>Estimated total time</b>	10 hours	

 Severity of the environment	 Navigation guidance on the route	 Ground conditions	 Physical effort
2 Moderately Severe	2 Trail or signs indicating continuity.	3 Hiking on steep trails or uneven terrain	3 Significant effort
Grades range from 1 to 5.			



A 15 kilometre hike that takes us to the majestic Soldiers of Sebold. Rock formations that impress with their grandeur and beauty.

The whole route is surrounded by beautiful views of the Serra Catarinense.

On the way we visit other places of extreme beauty, the Lajeado River Canyon, sculpted by the force of the river over the years, and the Andorinhas Waterfall, which also falls into a beautiful canyon.